

# Community Herbal Monographs and List Entries

New opportunities for traditional and well-established herbal products

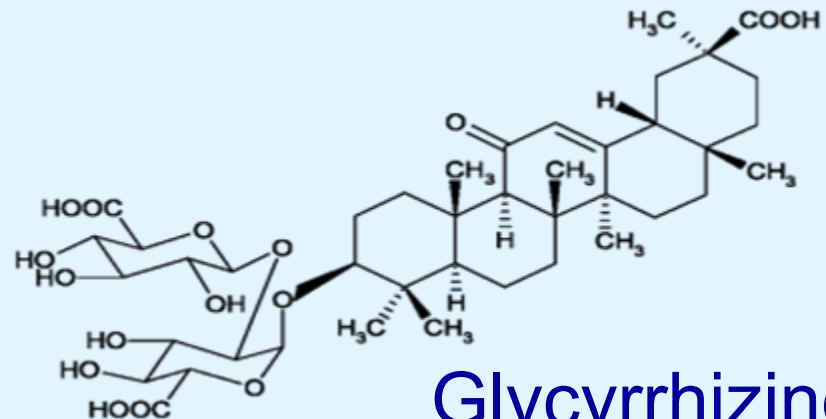
Konstantin Keller

Chairman EMEA HMPC  
Federal Ministry of Health, Bonn



Y → uffz'systs^ @

^ f'cfw



Glycyrrhizine

# Herbal Medicinal Products in the EU

## Access to the market

---

### Marketing Authorization

**1. Full documentation with new tests and trials**

**2. Full bibliographic documentation  
(well-established use)**

**3. Mixed Applications**

Centralized or (mainly) national procedure with full access to mutual recognition or decentralized procedures

# Herbal Medicinal Products in the EU

## Access to the market

---

**New option** for access to the market:

Directive 2001/83 EC, Chapter 2a, Articles 16 a – 16 i

### Registration

4. “Simplified dossier” for *traditional herbal* medicinal products

National procedure with limited access to mutual recognition or decentralized procedures



# EMEA Committee on Herbal Medicinal Products

Chair / Vice-Chair: Dr. Konstantin Keller/ Dr. Heribert Pittner AU

Austria	Finland	Latvia	Romania
Estonia	France	Lithuania	Slovak Republic
Belgium	Germany	Luxembourg	Slovenia
Bulgaria	Greece	Malta	Spain
Cyprus	Hungary	Netherlands	Sweden
Czech Rep.	Ireland	Poland	United Kingdom
Denmark	Italy	Portugal	

***4 co-opted Members:***

Clinical Pharmacology, Pharmacology, Toxicology, Pediatrics

**EEA Members:**  
Norway, Iceland

**Observer:** EDQM/Europ. Pharm.  
Croatia, Turkey

# Tools to facilitate access to the market

---

## Directive 2001/83/EC

The Committee for Herbal Medicinal Products will prepare:

### Article 16f

A list of traditional herbal drugs/-preparations/combinations

### Article 16h

Community herbal monographs on herbal drugs or herbal drug preparations that may be used for full marketing authorisations of well-established herbal medicinal products or simplified registrations

# Community herbal monographs

---

## Article 16h

### Community herbal monographs

Two types of monographs

1. monographs **not depending from an application**; e.g. initiatives from the Committee, Member States, scientific organisations, other stakeholders.
2. monographs following Article 16 c (4), that **result from a registration procedure**, i.e. referral by a Member State if the traditional use in the EU is less than 15 years.

# Candidates for Community herbal monographs / list entries

---

Criteria for selection e.g.:

- availability of drafts and literature from previous HMPWP work
- market priority from stakeholders, e.g. from AESGP, ESCOP, GA
- availability of copies of literature, data for assessment
- ongoing discussion on risk assessment / management
- economy of work, e.g. closely related herbal substances
- availability of a rapporteur

EMEA guidance on procedures and templates  
is available from [www.emea.europa.eu](http://www.emea.europa.eu)

# Transparency on HMPC activities

---



European Medicines Agency  
*Post-authorisation Evaluation of Medicines for Human Use*

London, 19 July 2007  
Doc. Ref. EMEA/HMPC/314187/2007

COMMITTEE ON HERBAL MEDICINAL PRODUCTS (HMPC)

**Meeting report, 4-5 July 2007**

**Detailed report after each meeting on [www.emea.eu.int](http://www.emea.eu.int)**



# Community Monographs / List

## Status of assessment work

---



European Medicines Agency

*Post-authorisation Evaluation of Medicines for Human Use*

London, 5 July 2007

Doc. Ref. EMEA/HMPC/278067/2006

### COMMITTEE ON HERBAL MEDICINAL PRODUCTS (HMPC)

Overview of status of HMPC assessment work - July 2007

*Listed in alphabetical order*

**R**: Rapporteur assigned, **D**: Draft under discussion, **P**: Draft published,  
**PF**: Assessment close to finalisation (pre-final), **F**: Final opinion adopted

# Community Monographs / List

## Status of assessment work

---

### 14 Final opinions adopted (Community Monographs)

Aloe (W)

Anisi fructus (T)

(W) well-established

Anisi aetheroleum (T)

(T) traditional

Sennae, fructus (W)

Sennae, folium (W)

Foeniculi amari fructus (T)

Foeniculi amari fructus aetheroleum (T)

Foeniculi dulcis fructus (T)

Frangulae cortex (W)

Lini semen (W) (T)

Plantaginis ovatae seminis tegumentum (W)

Plantaginis ovatae semen (W)

Psyllii, semen (W)

Valeriana officinalis L., radix (W) (T)

# Information provided on monographs

Opinion  
+ minority votes

Summary AR  
all languages

Monograph

Assessment Report

References

Overview of  
Comments

European Medicines Agency New website address: [emea.europa.eu](http://emea.europa.eu) | Home | All documents Advanced Search

About Us | What's New | Human Medicines | Veterinary Medicines | Inspections | General Reporting |

Committee on Herbal Medicinal Products (HMPC)

**Valerianae radix**  
Valerianae radix (Valerian root)

ES	CS	DA	DE	ET	EL	EN	FR	IT	LV	LT	HU	MT	NL	PL	PT	SK	SL	FI	SV	

See Glossary of language codes...

1. HMPC opinion on a Community herbal monograph
2. Summary of assessment report
3. Community herbal monograph
4. HMPC assessment report
5. List of references for assessment report
6. Overview of comments received on HMPC monograph

**Glossary**  
 ES = español  
 CS = cestina  
 DA = dansk  
 DE = Deutsch  
 ET = eesti keel  
 EL = ελληνικά  
 EN = English  
 FR = français  
 IT = italiano  
 LV = latviešu valoda  
 LT = lietuvių kalba  
 HU = magyar  
 MT = Malti \*\*  
 NL = Nederlands  
 PL = polski  
 PT = português  
 SK = slovenscina  
 SL = slovenscina  
 FI = suomi  
 SV = svenska

\*\* See COUNCIL REGULATION (EC) No 930/2004 of 1 May 2004

**Absolute majority, i.e. 17/31 votes required for positive opinions**

# Community Monographs / List

## Status of assessment work

---

### 14 Draft Monographs published for consultation

Betulae folium (T)

Calendulae flos (T)

Echinaceae purpureae herba (rec.) (W) (T)

Eleutherococci radix (T)

Lupuli flos (T)

Melissae folium (T)

Menthae piperitae aetheroleum (W) (T)

Menthae piperitae folium (T)

Passiflorae herba (T)

Primulae radix (T)

Primulae flos (T)

Rhamni purshianae cortex (W)

Rhei radix (W)

Thymi herba (T)

(W) well-established

(T) traditional

# Community Monographs / List

## Status of assessment work

---

### 10 Drafts under discussion

Avenae herba

Avenae fructus

Equiseti herba

Harpagophyti radix

Meliloti herba

Salicis cortex

Sambuci flos

Solidaginis virgaurea herba

Verbasci flos

Urticae herba

September 2007

# Community Monographs / List

## Status of assessment work

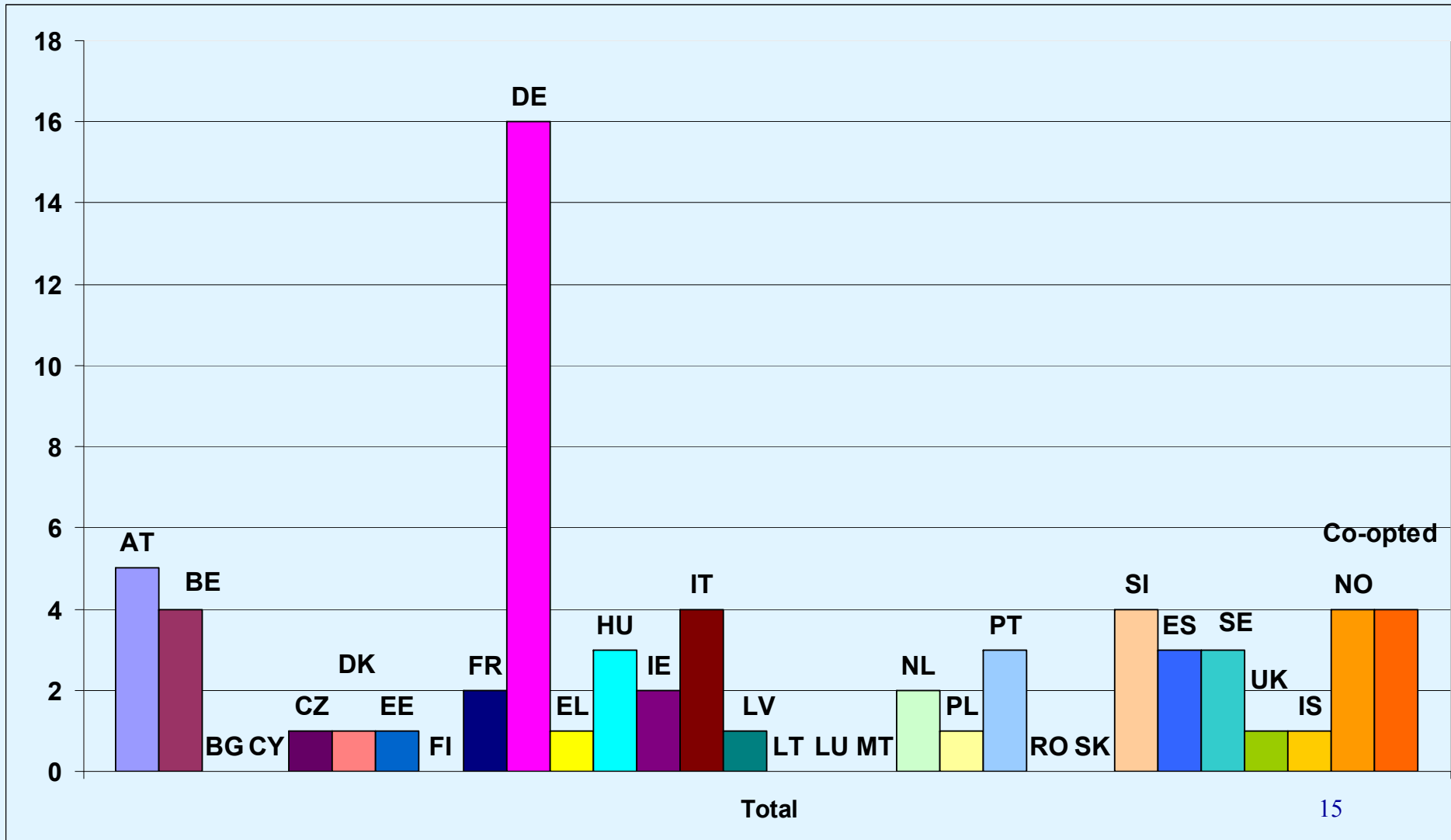
---

### Rapporteurs assigned for 27 herbal substances

Absinthii herba	Echinaceae ang. radix	Polygalae radix
Althaeae radix	Echinaceae pall. radix	Polypodii radix
Boldi folium	Echinaceae purp. radix	Ribis nigri folium
Carvi fructus	Hamamelidis cortex	Salviae folium
Centaurii herba	Hamamelidis folium	Urticae folium
Cimicifugae rhizoma	Hamamelidis fol. et cort., dist	Urticae radix
Crataegi folium c. flore	Hippocastani semen	Uvae ursi folium
Crataegi fructus	Hyperici herba	Zingiberis rhizoma
Curcumae longae rhiz.	Lichen islandicus	
Cynarae folium		

September 2007

# Distribution of rapporteurship for monographs / list entries



# Plantago ovata, sem. tegumentum

final monograph 26 October 2006

---

## *Well-established use*

- a) treatment of habitual constipation;
- b) conditions in which easy defaecation with soft stool is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures and haemorrhoids;
- c) in patients to whom an increased daily fibre intake may be advisable e.g. as an adjuvant in constipation predominant irritable bowel syndrome, as an adjuvant to diet in hypercholesterolemia

## *Traditional use*

*none*



# Menthae piperitae aetheroleum

draft monograph 8 May 2007

---

## *Well-established use*

### **Oral use**

1. symptomatic relief of minor spasms of the gastrointestinal tract, flatulence and abdominal pain, especially in patients with irritable bowel syndrome.

### **Cutaneous use**

2. symptomatic relief of mild tension type headache.

## *Traditional use*

### **Cutaneous and transdermal use**

1. relief of symptoms in coughs and colds
2. symptomatic relief of localised muscle pain
3. symptomatic relief of localised pruritic conditions in intact skin

### **Inhalation**

4. relief of symptoms in coughs and colds

### **Oromucosal use**

5. relief of symptoms in coughs and colds

# **Echinaceae purp. herba**

draft monograph 27 March 2007

---

## *Well-established use*

### *oral use*

Treatment of early symptoms of  
common cold

## *Traditional use*

### *Cutaneous use*

Treatment of small  
superficial wounds

# Foeniculi fructus

final monograph 6 August 2007

---

## *Well-established use*

*none*

## *Traditional use*

- a) symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.
- b) symptomatic treatment of minor spasm associated with menstrual periods.
- c) as an expectorant in cough associated with cold.

# Thymi herba

draft monograph 8 May 2007

---

## *Well-established use*

*none*

## *Traditional use*

as an expectorant in cough  
associated with cold.

# Passiflorae herba

## draft monograph 8 march 2007

---

### 5.3. PRECLINICAL SAFETY DATA

<u>Well-established use</u>	<u>Traditional use</u>
	<p>Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product.</p> <p>Tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.</p>

**Information on missing pre-clinical data;  
pre-clinical safety not fully assessed**

# The impact of EU herbal monographs

---

## Article 16 h (3)

### Community herbal monographs

3.

....

When Community herbal *monographs within the meaning of this paragraph* have been established, they *shall be taken into account* by the *Member States* when examining an application. ....

When new Community herbal monographs are established, the *registration holder* shall consider whether it is necessary to modify the registration dossier accordingly. The *registration holder* shall notify any such modification to the competent authority of the Member State concerned.

# Herbal Medicinal Products in the EU

## Marketing Authorization (bibliographic)

---

*2001/83/EC as amended by CD 2004/27/EC*

*Article 10a*

...

By way of **derogation from Article 8(3)(i)**, ... the applicant shall **not be required** to provide the **results of pre-clinical tests or clinical trials** if he can demonstrate that the active substances of the medicinal product have been in **well-established medicinal use within the Community for at least ten years**, with recognized efficacy and an acceptable level of safety in terms of the conditions set out in the Annex.

In that event, the **test and trial results** shall be **replaced** by appropriate **scientific literature**.

# European Commission, March 2006: Guideline on the definition of a potential serious risk to public health

---

- “**risk**”: probability that an event will occur
- “**serious**”: hazard that could result in death, could be life-threatening, result in patient hospitalization, ... persistent or significant disability or incapacity, or could be a congenital anomaly/birth defect or prolonged signs in exposed humans.

Any major objection must be scientifically justified taking into account the nature and degree of any hazards, the magnitude of the risks involved, the benefits ... and the practicability of any measures to mitigate the risk.



# Guideline on the definition of a potential serious risk to public health

---

## Annex (NTA Volume 2C)

Examples that would normally not be considered as “Potential serious risks to public health”:

...

- The absence of studies in non-target populations e.g. children
- differences in national practices
- WEU: absence of data from new pre-clinical tests or clinical studies if posology is based on “systematic and documented use” and the safety is based on pharmacovigilance data
- THMP: the lack of documentation on pre-clinical tests and clinical trials

...

# List entries published

---

## 6 Drafts published for comments:

- Anisi fructus
  - Calendulae flos
  - Echinaceae purp. herba (topical use)
  - Eleutherococci radix
- 
- Lini semen \*
  - Valerianae radix \*
- \* procedure suspended

# List entries published

---

## 2 Proposals finalised:

- Foeniculi amari fructus
- Foeniculi dulcis fructus

# The impact of the EU list

---

## Article 16 f

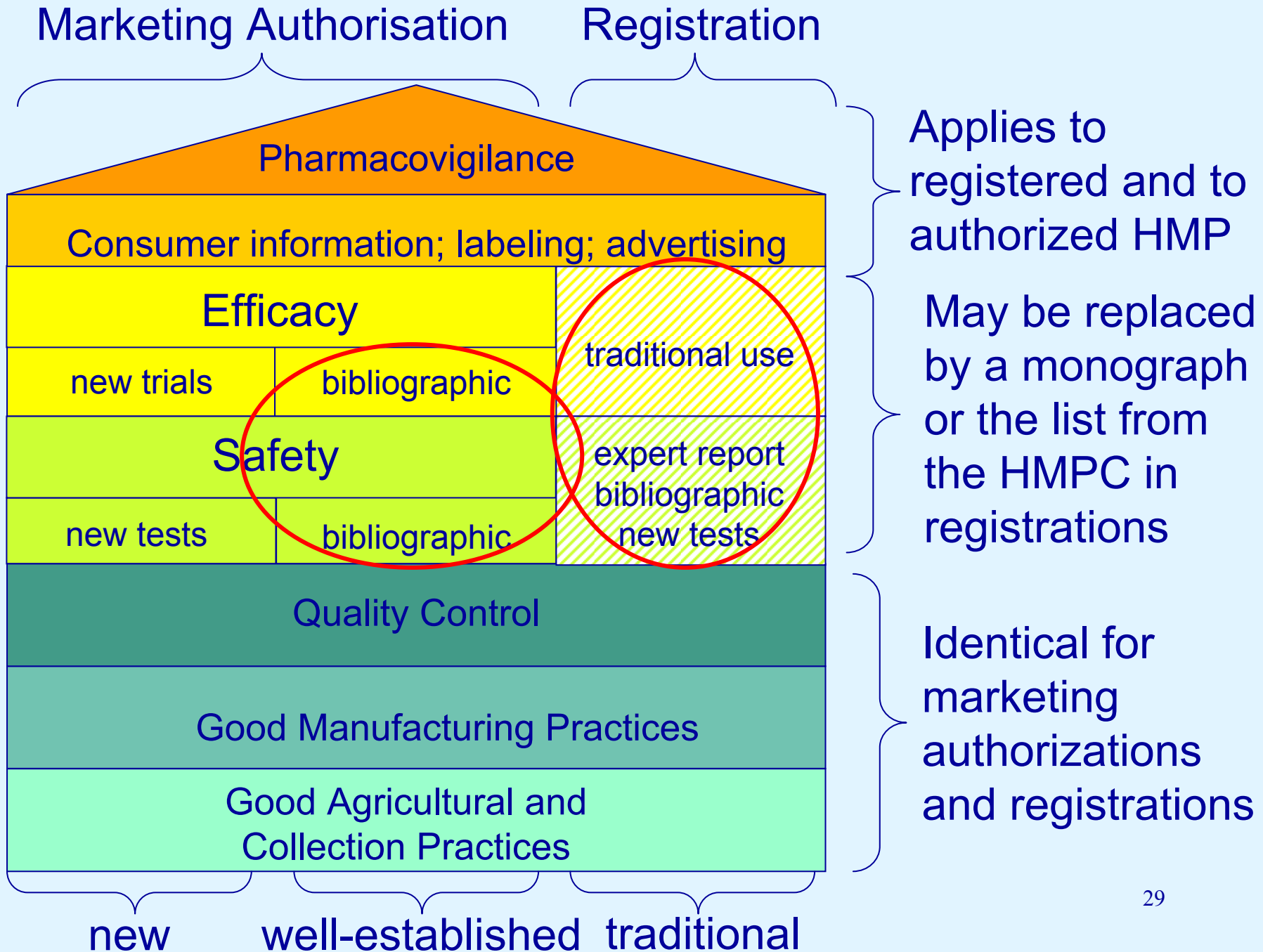
2. If an application for traditional-use registration relates to a herbal substance, preparation or a combination thereof contained in the list referred to in paragraph 1, the **data** specified in Article 16c(1)(b)(c) and (d) **do not need to be provided**. Article 16e(1)(c) and (d) **shall not apply**.
- 

***Applicant*** does not need to submit:

- information on previous authorisations/registrations
- evidence on traditional use
- bibliographic / expert evidence on safety

***Competent authority*** cannot refuse the application:

- because the product could be harmful
- because of lack of plausibility / sufficient traditional use<sup>28</sup>



# Perspectives

---

- Essential guidance on quality, safety, efficacy and procedural guidance finalised
- Transparent requirements for quality, safety efficacy
- Important monographs adopted, new drafts published
- Legislation has been implemented in most of EU MS
- EMEA offers scientific services to applicants
- A number of applications submitted to national authorities already successfully processed
- Extension to other active substances is proposed by EC

**Essential tools are ready, the opportunities are there!**

**We are ready to go!**

**Applications are welcome!**