



# Mistletoe in Tumour Therapy

BASIC RESEARCH AND CLINICAL PRACTICE

8<sup>th</sup> Mistletoe Symposium

9. – 11. November 2023

and

**Integrated Presence and Online Further Training  
Practise of Mistletoe Therapy  
on 10. November 2023, 5.00 - 9.45 p.m.**

Europäische Akademie Otzenhausen, D-66620 Nonnweiler [www.eao-otzenhausen.de](http://www.eao-otzenhausen.de)

**Call for Abstracts  
to the scientific part of the mistletoe symposium**

## Organizers:

Association of Anthroposophic Doctors in Germany, Society for Medicinal Plant and Natural Product Research, Society for Phytotherapy, Zentralverband der Ärzte für Naturheilverfahren u. Regulationsmedizin (ZAEN)

## Co-operation Partners:

APV The International Association for Pharmaceutical Technology, Deutsche Pharmazeutische Gesellschaft (German Pharmaceutical Society), European Society for Integrative Oncology

## Funding by foundations:

Karl and Veronica Carstens Foundation

## Scientific Organizing Committee:

Dr. Rainer Scheer, Niefern-Öschelbronn (**Director**), Prof. Dr. Harald Matthes, Berlin (**Director**), Prof. Dr. Susanne Alban, Kiel, Prof. Dr. André-Michael Beer, Hattingen, Prof. Dr. Wolfgang Blaschek, Kiel, Prof. Dr. Reinhild Klein, Tübingen, Prof. Dr. Wolfgang Kreis, Hemhofen, Dr. Gero Leneweit, Niefern-Öschelbronn, Dr. Günther Spahn, Mainz, Dr. Rainer Stange, Berlin.

## Objectives:

This is a continuation of the series of mistletoe symposia that take place every 4 years. The symposia provide a discussion forum for scientists and physicians and create the basis for a scientific discourse. In this way, the application of mistletoe preparations can be further developed, and their possibilities and limitations can be identified. That is why this interdisciplinary dialogue across the boundaries of therapeutic disciplines is so important. The organisers would like to invite you to this.

This time the clinical part will **focus on the therapy of gynaecological tumours**. What can conventional therapy do, what is the additional contribution of mistletoe?

## Language:

The symposium will be held in German. There will be simultaneous translation of all lectures, including the discussion contributions, into English. Lectures and posters can also be presented in English.

## Further training certificates:

Certification/accreditation with the Saarland Chamber of Physicians and the Saarland Chamber of Pharmacists will be applied for.

## Participation in the mistletoe symposium as well as in the training part, contribution to the expenses:

The mistletoe symposium should in any case take place in presence. The number of participants and contributions in the scientific part of the symposium is limited. The decision on the acceptance of contributions as well as their form of presentation is the responsibility of the organizing committee. Furthermore, due to the COVID-19 situation prevailing at the time of the symposium, there may be further limitations on the number of participants. No participation fee will be charged for the scientific part of the symposium. Participants can also take part in the training part free of charge. For more information on the online training part, which is subject to a fee, and on the symposium schedule, see [www.mistelsymposium.de](http://www.mistelsymposium.de) or contact Dr. Rainer Scheer (see next page for contact details).



Dear colleagues,

you are invited to submit current scientific contributions (short lectures and/or posters) from basic research and clinical application of mistletoe in tumour therapy. Presentation times are, as at previous symposia, Thursday/afternoon (9 November) to Saturday/morning (11 November). Excluded from this are the times of the online continuing education part. The programme of the 8th Mistletoe Symposium will be drawn up on the basis of your submitted contributions, thus in mid-2023 at the earliest.

Some examples of topics are listed below:

- **Botany, physiology, pharmacy and phytochemistry:** appropriate standardisation, assurance of pharmaceutical quality of mistletoe preparations, their analytics and galenic.
- **Immunology, pre-clinic, cytotoxicity,** mode of action profile of the active ingredients and total extracts
- **Posology, mode of application:** Dosing regimens and therapeutic range, effects of the route of administration on the therapeutic range
- **Tumour-specific application:** for solid and epithelial tumours, haemoblastoses, for benign tumours, for recurrence prophylaxis after tumour surgery, for defined precancerous lesions, influence of mistletoe therapy on metastasis
- **Immune parameters before and during mistletoe therapy;** immune status; follow-up parameters for monitoring mistletoe therapy
- **Clinical research and proof of efficacy:** clinical studies with mistletoe in tumour therapy, objective criteria for proof of efficacy, further developments in mistletoe therapy
- **Health services research data/Real World Data** on outcome, tolerability, safety and cost-effectiveness
- **Drug safety:** analysis of side effects with regard to effect and efficacy, type and frequency of adverse drug reactions, pseudo allergic reactions
- **Contributions to meta-analyses;** systematic reviews and their evaluation
- **Regulatory topics**
- **Pharmacoeconomics**

In order to create a common basis for discussion, overview lectures by invited speakers on the main topics mentioned (in bold) are also planned.

### Intended publications:

1. **All abstracts will be published** in the **supplement** volume of a **scientific journal** (online edition only). Access to the abstracts will be given to all participants on the date of the symposium.
2. After the symposium, the **long versions** of all contributions will **be published in a book** as soon as possible. Therefore, authors are requested to submit a print-ready manuscript of their registered contribution by 31.1.2024. The guidelines for the book article are available at [www.mistelsymposium.de](http://www.mistelsymposium.de).

### Deadlines:

11. 02. 2023 **Registration of contributions: KEYWORD: 8TH MISTLETOE SYMPOSIUM**  
 - **Short lectures:** 10 min speaking time, 10 min discussion or  
 - **Posters:** size of the walls: 1.20 m wide and 1.63 m high  
 We first need the name/title/institution/address of the author(s) as well as the desired form of
30. 04. 2023 **Submission** of the abstract of the contribution(s) **by e-mail: KEYWORD: 8TH MISTLETOE SYMPOSIUM**  
 Word document (docx); size: maximum 1 page, 12 pt, 1.5 lines. You will receive the detailed author guidelines for your abstracts after registering your contribution(s).

**The organising committee will determine the final presentation format and date by 15 June 2023.**  
 You will be informed by e-mail.

### For further information, programme and for written registration, please contact:

Dr. Rainer Scheer, Carl Gustav Carus-Institut, Allmendstr. 55, D-75223 Niefern-Öschelbronn  
 phone +49 7233 7043-118, fax +49 7233 7043-110, e-mail: [rainer.scheer@carus-institut.de](mailto:rainer.scheer@carus-institut.de)

Please also note the information on our website [www.mistelsymposium.de](http://www.mistelsymposium.de)

Subject to alterations